












WEEK 1 MENU

W/C: 19/02 , 11/03

CHOICE
One

CHOICE
Two

GRAB & GO
OPTIONS

MON	Chicken Tikka Masala   With Wholegrain Rice and Vegetables	Roasted Rainbow Vegetables  
TUE	Double Beef Burger  with Chipotle Wedges and Corn on the Cob	Veggie Burger  with Chipotle Wedges and Corn on the Cob
WED	Roast Chicken  Served with Roast Potatoes, Two Vegetables and Gravy	Sticky BBQ Quorn Pitta  with Mixed Salad
THUR	Macaroni Cheese with Crispy Bacon With Roasted Beetroot and Chickpea Salad and Crispy Onions	Macaroni Cheese with Chipotle Sweetcorn   With Roasted Beetroot and Chickpea Salad and Crispy Onions
FRI	Battered Fish with Chips, Baked Beans and Peas	Quorn Sausage Roll  with Chips, Baked Beans and Peas


WEEKLY SPECIAL

● **Roasted Indian Chickpea Salad**  ●

SALADS:

Tuna and Sweetcorn Pasta Salad
Pesto Pasta Salad   

SANDWICHES/BAGUETTES:

Ham & Cheese Sandwich
Chicken Salad Sandwich
Cheese Baguette 
Tuna Mayo Baguette
BLT Baguette

WRAPS:

BBQ Chicken/Chicken Caesar Wrap
Pepper and Houmous Wrap  

HOT DISHES:

Paninis
Pasta and Sauces
Freshly Baked Pizza
Soup and Bread

WEEK 2 MENU

W/C: 26/02 , 18/03

CHOICE *One*

CHOICE *Two*

GRAB & GO OPTIONS

MON	Sausage and Mash  Served with Vegetables and Gravy	Vegetarian Sausage and Mash   Served with Vegetables and Gravy
TUE	Mandarin Chicken   Served with Wholegrain Rice, Peas and Crunchy Slaw	Vegetable Donburi  Served with Peas and Crunchy Slaw
WED	Roast Pork  Served with Roast Potatoes, Vegetables and Gravy	Korean BBQ Quorn Sub  Served with Chipotle Wedges, Coleslaw and Sweetcorn
THUR	Chilli Con Carne Nachos   Served with Mixed Salad and Salsa	Chilli No Carne Nachos   Served with Mixed Salad Salsa
FRI	Southern Fried Chicken Wrap  Served with Chips, Baked Beans and Peas	Cheese & Onion Pasty  Served with Chips, Baked Beans and Peas


WEEKLY SPECIAL

- **Roasted Indian Chickpea Salad**   ●

SALADS:

Tuna and Sweetcorn Pasta Salad
Pesto Pasta Salad   

SANDWICHES/BAGUETTES:

Ham & Cheese Sandwich
Chicken Salad Sandwich
Cheese Baguette 
Tuna Mayo Baguette
BLT Baguette

WRAPS:

BBQ Chicken/Chicken Caesar Wrap
Pepper and Houmous Wrap  

HOT DISHES:

Paninis
Pasta and Sauces
Freshly Baked Pizza
Soup and Bread

WEEK 3 MENU



W/C: 04/03

FOOD UNION

CHOICE *One*

CHOICE *Two*

GRAB & GO OPTIONS

MON	Classic New Yorker Hot Dog  Served with Chipotle Wedges and American Slaw	Tropical Sunshine Hot Dog   Served with Chipotle Wedges and American Slaw
TUE	Buffalo Chicken  Served with Baked Garlic and Herb Wedges and Mixed Salad	Quorn Shawarma Pitta Pocket  Served with Mixed Salad
WED	Roast Chicken  Served with Roast Potatoes, Vegetables and Gravy	Roast Veggie Balls  Served with Mashed Potato, Peas and Gravy
THUR	Nut-Free Chicken Satay Buddha Box   Served with Wholegrain Rice and Mixed Salad	Roast Butternut Squash, Chickpea and Broccoli Buddha Box   
FRI	Battered Fish Served with Chips, Baked Beans and Peas	Vegetable Fajita   Served with Chips, Baked Beans and Peas


WEEKLY SPECIAL

- **Roasted Indian Chickpea Salad**   ●

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Tuna and Sweetcorn Pasta Salad
Pesto Pasta Salad   

SANDWICHES/BAGUETTES:

Ham & Cheese Sandwich
Chicken Salad Sandwich
Cheese Baguette 
Tuna Mayo Baguette
BLT Baguette

WRAPS:

BBQ Chicken/Chicken Caesar Wrap
Pepper and Houmous Wrap  

HOT DISHES:

Paninis
Pasta and Sauces
Freshly Baked Pizza
Soup and Bread